

Lent & Pascha Schedule 2025

Notes for Lent

Weekday Services: Matins/Vespers/Wednesday Mass continue to be held at the regular times unless noted otherwise on the schedule. Weekday Offices are preceded by the Penitential Preface (Psalm 51 and General Confession).

Sunday Litany: added after Matins until Palm Sunday. It is found at the back of the Liturgy booklet.

Wednesdays: the Mass will be followed by a Lenten Potluck with a study until Holy Week

Fridays: Stations of the Cross are observed at 6:30 pm.

Fasting: Monday through Saturday are fast days, meaning one full meal per day not taken before noon. Sundays are observed with Abstinence, but no fasting, except for the customary Eucharistic fast. In addition a collation (about half a meal) may be taken. No meat or animal juices are eaten (*many Western Orthodox also restrict fish, dairy, eggs, oil and wine by choice*). Ash Wednesday and Holy Friday (Good Friday) are strict fast days when nothing is eaten until after the evening service. Talk to Fr. Alban about alterations to the guidelines adapted to your needs.

March 5 – Ash Wednesday

Penitential Office, Matins, Blessing & Imposition of Ashes– 7:45 am
Litany, Penitential Office, Imposition of Ashes, Mass – 5:30 pm

March 9 – First Sunday in Lent

March 16 – Second Sunday in Lent

March 23 – Third Sunday in Lent

March 24 – Annunciation

Vespers & Mass 5:30 pm

March 30 – Fourth Sunday in Lent

April 6 – Fifth Sunday in Lent / Passion Sunday

Holy Week

April 13 – Palm Sunday

Matins, Blessing of Palms, Procession & Mass

April 14 – Holy Monday

Matins 7:45 am – Vespers & Mass 5:30 pm

April 15 – Holy Tuesday

Matins 7:45 am – Vespers & Mass 5:30 pm

No 5:30 Vespers Holy Wednesday through Holy Saturday

April 16 – Holy Wednesday

Mass & Holy Unction 6:30 pm

April 17 – Maundy Thursday

Mass of the Institution 6:30 pm

Procession to Altar of Repose (Lady Chapel) Stripping of the Altar,
Vigil at Altar of Repose

April 18 – Good Friday

Matins - 7:45 am

Stations of the Cross - 12 Noon

Liturgy of Good Friday - 6:30 pm

Passion of St. John, Solemn Collects, Veneration of the Cross, Pre-Sanctified Liturgy
Scrutinies and Exorcisms of Baptismal candidates follows the service

April 19 – Holy Saturday

Paschal Vigil beginning at 9:30 pm

Lighting of the New Fire, Blessing of the Paschal Candle, Prophecies,
Blessing of the Font, Litany of the Saints, Holy Baptism & Chrismation,
Mass of the Resurrection; breaking of the Lenten Fast follows.

April 20 – Pascha – The Resurrection of our Lord

Paschal Matins - 11:00 am - followed by Paschal feast

April 21 – Paschal Monday

Matins 7:45 am – Vespers & Mass 5:30 pm

April 22 – Paschal Tuesday

Matins 7:45 am – Vespers & Mass 5:30 pm